

# Meat and Potato Recipe Mediterranean Style

{youtube}ze1laHKIqaM{/youtube}

## Description

Simple easy fast recipe.

## Recipe

Serves: 6-8 Difficulty: Easy

Prep Time: 40 minutes

5-6 large Russet potatoes peeled and cubed (or any potato you like)

1 lb lean ground beef (or lamb)

1 cup chopped onion

6 tbs olive oil

2 tsp salt

1/2 tsp black pepper

1/2 tsp cumin

1/2 tsp cinnamon

yogurt

To start peel and cut into cubes 5 or 6 large Russet potatoes or potato of your choice. In a large pot add 3 tbs olive oil then add ground meat and 1 tsp salt and cook for 5 minutes on medium high heat until brown. Next add chopped onions and cook for another 5 minutes. Add another 3 tbs olive oil and stir in potatoes, add 1 tsp salt and black pepper, stir and cover, cook on medium low heat for 30 minutes and toss half way through, after 30 minutes, make sure potatoes are tender. To serve, put potatoes in a nice serving plate and sprinkle cumin and cinnamon on top. Serve with pita bread and yogurt, tzatziki sauce or salad.