

Date Shake Recipe

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Description

This is trully an amazing different type of of milk shake that includes dates into the mix. If you have never tried a date shake, you have got to try it. It is so good.

Recipe

Serves:2-4

Difficulty: Easy

Prep time: 10 minutes

5-6 Majdoul dates (pits removed)

3/4 cup heavy cream

3 cups vanilla ice cream

chocolate shavings for garnish

Blend dates and heavy cream in blender until dates are well blended. Add 3 cups ice cream and blend until well combined. Pour into a nice glass and top with chocolate shavings for garnish.

