

Tzatziki Sauce Recipe (cucumber & yogurt sauce)

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Description

Laban bi Khyar or Tzatziki Sauce is a wonderful Mediterranean side dish or salad that goes great with sandwiches, rice or can be served during the summer days to cool down. This dish can also be referred to as Tzatziki sauce in Greece if you replace the mint with dill. It can be served with Gyros sandwiches as well.

Recipe

- 2 cups Mediterranean yogurt
- 1 cup cube Persian cucumber
- 1 to 2 clove garlic minced
- 1 tsp dried mint (or dill)
- 1/4 cup water (for consistency)

Mix the above ingredients and keep chilled in the refrigerator.

